



NUNAWADING INC.  
For Learning and Creativity

# Newsletter

Newsletter No. 78

September 2011

## Quilting Group



*Members and Dee Ryall MP, Mitcham*



*Jill Bale, Wednesday Class*



*Tuesday Class*



*Thursday Class*

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Adult Education in  
the Community

# Annual Report 2010/11

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The busy and successful year just completed culminated in record membership and classes offered. In line with our objectives we achieved a continued expansion of our social program and community participation together with enhanced amenities for members and the groundwork laid for a number of significant projects into the future.

The above has been brought about by and with thanks to Class Leaders, Key Volunteers and Committee Members. In addition I acknowledge the significant involvement of members in their support for our classes, social and key events.

In conjunction with the above, we have been fortunate and thankful for the ongoing support we enjoyed throughout the year from the City of Whitehorse Councillors and Officers, U3A Network Victoria and as a direct result of a number of grants, both the State and Federal Governments. This support, in a large way, enables us to offer a wider and more diverse range of courses and appropriate class facilities.

A significant highlight of the past year was the celebration of our 20th Birthday.

From relatively humble beginnings, we have grown into a vibrant organisation featuring a very committed and dynamic membership. Our very successful birthday function was well attended, including members of State Parliament, the Mayor, Councillors, Executive and Staff from the Whitehorse City Council, representatives from Network Victoria and other U3A groups, and of course many members of U3A Nunawading, including a number of past Presidents.

## Course Development & Coordination:

Membership at June 30th was 1430, which represents an increase of 12% on the corresponding time last year. Commensurate with increased membership, the number of classes offered peaked during Term 2 at 128 per week.

The above classes represented 80 plus courses, utilising in excess of 100 Leaders.

Throughout the year we conducted a significant number of one off single session



courses and offered a wide diversity and number of new classes.

Within the last year communication by electronic means has become the dominant form of communication with our members, in respect of day to day operational queries. This also applies to our liaison with external partners including other U3As, U3A Network, banking, insurance and the City of Whitehorse. Included also is news and information from other learning organizations, which is of interest to various classes.

In addition, the number of enquiries regarding membership and class information which has emanated from our website has increased significantly.

Late in the year we compiled a range of statistics, which amongst others included:

- We had 370 male members.
- 1060 female members.
- 110 leaders who contributed in the order of 10,000 hours over the four terms.
- The largest number of members is in the 61 – 80 age group.
- The largest streams are Languages, closely followed by Humanities, Arts & Crafts and Physical Activity.

One significant highlight of the year related to the Patchwork and Quilting classes, combining under the leadership of Barbara Worcester to produce 33 Quilts for distribution to victims of the very damaging floods, which occurred earlier in the year.

Late in June several members, representing these classes, journeyed to Kerang and presented the Quilts to the local U3A and Patchwork/Quilting Groups. Our members met several people, who had endured considerable hardship and who were overwhelmed by the effort carried out on their behalf.

## Social Activities:

During recent years we have placed a stronger emphasis on the social component of our charter. 2010/2011 saw a continuation of this approach, with a wide and diverse range of functions/activities being held. Many of these were initiatives of and facilitated by our Social Committee with others generated by individual classes/class groups. In addition, the dine-out evenings, facilitated by Barbara Gardiner were enjoyed by many members.

One new initiative that was well attended and received very positive comments saw 50 plus members travel by bus to the Titanic exhibition at the museum.

Of note throughout the terms was the significant increase in class members meeting for a chat/coffee before and after classes.

Worthy of special comment was the heavy involvement and giving of time by our social committee members throughout the year.

## Communication & Publicity:

In keeping with our objective of participation in the community, this committee has given generously of its time and expertise. In particular the City of Whitehorse Spring Festival, Volunteers Expo, Seniors Week and Harmony Day were examples of showcasing our organisation and at the same time supporting local community activities. We were also pleased to contribute to the City of Whitehorse Volunteer Network Group.

Involvement, amongst other activities, in our newsletter, brochure distribution, photography and maintenance of displays, also strongly contributed to our expanding membership and community awareness of what we have to offer.

Our computerised photo library has been extended with the expertise of Alan Stevenson and Archie Kahn, by compiling a spread of our classes and activities.

Of primary interest now is the goal of capturing in a video context a photographic story of selected social, formal and external events. This objective will be complementary to our still photography and will assist us in achieving a comprehensive photo library.

Late in the year this committee commenced a revamp/update of our small concise information brochure, which is distributed

widely throughout our community. This is our primary source of hardcopy communication to prospective new members.

### **Broadband for Seniors:**

A significant highlight of the year was our partnership with NEC and the City of Whitehorse, in which we facilitated this very successful project.

Broadband for Seniors was part of the wider Australian Government initiative "Making Ends Meet - Plan for Older Australians". The main objective was to provide support by offering computer access, which in the main related to free broadband internet, plus basic computer training. It also aimed at supporting senior Australians in gaining confidence and in building new skills in the use of computer technology.

The dedicated kiosk site was situated in the Community Centre, featuring two computers, with the tutors being drawn from our membership.

Our twelve month contract ceased on June 30th after having assisted 100 plus seniors.

Our thanks are extended to Tom Wong, Beng Lee, Melinda Brown and the twenty plus tutors, whose time and expertise resulted in this worthwhile community project.

### **Administration & Finance:**

Throughout the year this committee has overseen a wide range and diversity of projects and administrative functions, with the redevelopment and upgrade of our Computer Centre at Forest Hill being front and centre. In conjunction with the computer centre being relocated, we undertook to fully upgrade our installation with new hardware and software. The hardware upgrade includes twelve new desktop computers and a new data projector.

The new Windows 7 operating system replaces Windows XP, enabling us to offer classes based on current software applications - MS Office 2010 suite.

This significant upgrade has been made possible, in part, by the granting of partial access to the previously advised State Government Grant of \$100,000.

Of particular note is the exacting role carried out by our office volunteers. They are invariably the first point of contact with prospective new members and dispense a wide range of information to our members and the public on a daily basis.

This is a critical administration role and

thanks go to all involved and in particular to the coordinators Mike Lewis and since December, Annette Mason.

Early this year, Neville Betts carried out a comprehensive Risk Management Report.

The inspection was designed to identify any "at risk" situations that present an unsafe or hazardous condition. This report covered the area occupied within the Silver Grove Precinct. A number of recommendations were made and appropriate action taken.

A major project that has been initiated, is our objective to comprehensively upgrade our database. This has been brought about by the significant increase in membership coupled with an increasing complexity in data requirements. A small sub-committee has been formed with the objective of achieving this goal by mid 2012.

Other projects/activities overseen by this committee included:

- Grant applications
- Website restructure
- Overview of our office operations/organisation
- Accommodation issues, office/classroom materials and equipment
- Completion and distribution of our twenty year history booklet

### **Finance:**

The financial report included in this document shows that we finished the year in a sound financial position. Whilst there was a slight drop in our reserve, brought about by extraordinary items, we however worked within our operational budget.

Treasurer Lindsay Glen is standing down from this role following the AGM. On behalf of myself and all members, I extend sincere thanks to Lindsay for his untiring efforts and attention to detail during his tenure as Treasurer.

### **Concluding Remarks:**

**During the year congratulations went to Elsie Mutton, our Course Administrator, who was elected to the role of President Network Victoria. This is the U3A peak body, which operates on behalf of close to 100 Victorian U3As.**

Elsie spearheaded a number of key events/community activities, which are complementary to our growing and vibrant social program. Included were: **20TH Anniversary Function** (mentioned in opening remarks); **Carnival of Learning -**

Held at Federation Square during Seniors Week in October.

This combined U3A event is held annually and is an initiative of the State Government Department of Senior Victorians, in conjunction with U3A Network Victoria. We were pleased to have significantly contributed, by way of a strong and successful commitment from a wide range of our class members and volunteers. In addition, **Elsie continues to coordinate the very worthwhile community project: Knitting for the vulnerable children of the world.**

Of considerable disappointment was a series of technical difficulties we experienced during terms one and two at our computer centre. This caused a significant degree of frustration for many people, including our leaders and class members.

Early in Term three we will be relocating to our new purpose built computer centre in the same building.

**As previously mentioned we were fortunate to have had available the skills and commitment of literally an army of volunteers. Our thanks are extended to all involved and in particular to the Committee Convenors, Elsie Mutton – Course Development & Coordination, Andrew Lockwood - Administration & Finance, Lindsay Glen – Treasurer, Annette Samuels – Social events, and Brian Nicholson – Communication & Publicity. In addition we acknowledge the commitment and expertise of Secretary Barbara Gardiner, Computer Centre Coordinator Noelene McCulloch, Catering Coordinator Bev Clark, Newsletter Editors Ross Peacock and Ken Pakes, General maintenance officer Ian Rose, Computer Centre maintenance officer Rob Innes and Colleen Paterson office catering.**

It is pleasing to report on and to have been involved, in a successful year. Our attention is now focused on the future and in particular the following projects.

- Computer Centre Relocation
- 2012 Curriculum
- Database Upgrade
- Quilt, Art & Craft Exhibition plus Carnival of Learning Expo
- Accommodation Issues/Classroom materials and equipment update
- Strategic and Mid Term Planning

*President Leo Sargent*

# Treasurer's Report for the Year 2010/11

## Major Item Summary

Item	2009/10 Year	2010/11 Year	Variance	%
<b>Total Income \$</b>	79,609.65	95,625.22	+ 16,015.57	+ 20.1
<b>Total Expenditure \$</b>	72,217.19	102,008.91	+ 29,791.72	+ 41.3
<b>Net Assets \$</b>	81,524.42	75,140.73	- 6,383.69	- 7.8

### Financial Comments:

#### Income:

Income for the year was boosted by the drawdown of \$15,000.00 from our State Government grant, to update our computer teaching facility at Forest Hill. The balance of this grant remains held for use within the future redevelopment of the Silver Grove Community Centre.

Membership fee income rose by 10.6% compared to last year, however a reduction in course income from our Computer Centre was due to the need to suspend classes as we moved from the Forest Hill Chase complex to our present Mahoneys Road site. Our members' participation in the Stockland promotion boosted Other Income by \$3,000.00.

#### Expenditure:

Property rental costs increased by \$3,285.00 (+ 12.5%) reflecting external rental and programmed Council lease increases plus our need for extra accommodation. A programme of audio visual equipment upgrades raised total Property Services expenditure to over \$36,000.00 for the year (\$28,156.00, 2009/2010). General Operating Expense increases (+ \$1,717.00 compared to 2009/10) reflect the servicing requirements of an increased membership base.

*Extraordinary items:* Extraordinary expenditure incurred during the 2010/11 year related to our 20th Birthday Celebration (\$11,581) and the cost of upgrading of our Computer Facility (\$10,815) both however were achieved within budgeted expectations.

#### General Comments

Monetary reserves, representing our membership's efforts over sometime, were as detailed at our previous AGM, applied to improve facilities and return ongoing value to our membership.

The past year's accounting function was very much a group effort and was carried out by a willing group of members including Doreen Betts, Deirdre Dyer, Leo Sargent and also Tom Wong.

I wish to extend a personal thank you to each member of this team, without whose support and assistance during the past year, my role would have been much more onerous.

Lindsay Glen  
Treasurer



## 2011 Exhibition of Quilts, Art & Craft



**Venue:** Box Hill Town Hall  
1022 Whitehorse Road Box Hill  
Melways Ref: Map 47 E9

**Dates-Time:** Friday 9th Sept 10.00 am to 5.00 pm  
Saturday 10th Sept 10.00 am to 5.00 pm  
Sunday 11th Sept 11.00 am to 4.00 pm





This impressive display of Quilts, Art, Needlework, Tatting, Woolcraft and Bonsai is the work of members participating in classes at U3A Nunawading Inc.

ENTRY: \$5.00 ENQUIRIES: (03) 9878 3898

# Course Administrator's Report

In Term 3 we had five new classes. Italian Beginners and Photography as a Hobby proved to be so popular, they have a wait list. Chess, The Ageless Wisdom and Writing for Pleasure still have room for anyone who may wish to attend.

At the time of writing we have not moved our computers into their permanent home at Forest Hill. We look forward to this happening in the very near future and hopefully reducing some of the frustrations we have been experiencing in Terms 1 & 2. Facebook, Pay Pal, Picasa and eBay classes have proved to be very popular.

Members returning from holidays, if you did not notify the office you were going away, you may find you are no longer on the class list. If there was a wait list your place will

have been given to another member. You will need to reapply and may find yourself on a waitlist.

We have one new class for term four. Word Puzzles with Tom Wong. See details in the body of this newsletter.

## Course Administrator's New Email Address:

Many of you now communicate with us via email. The Executive Committee have organised for a new email address to be used for Course Administration: [courseadminuna@bigpond.com](mailto:courseadminuna@bigpond.com)

This email is to be used for the following purposes. It does not replace the normal email address of U3A Nunawading Inc.

## From you

- An apology for a class or any extended absence
- apply to join or withdraw from a class
- any changes to your personal details

## From us

- to advise on the status of any requests you have made for additional classes
- cancellation or changes to classes
- Remember if you are away notify, either by email [courseadminuna@bigpond.com](mailto:courseadminuna@bigpond.com) or telephone 9878 3898.

Please remember to check your emails and notify us of any changes to your email address.

*Elsie Mutton  
Course Administrator*

## New and Returning Computer Classes - Term 4

### "What's new in Windows 7"

Graeme Hilson will offer this new class covering the exciting and unusual functions which have been included in Windows 7. A hands-on class where you will learn how to use full and half screen, the magnifier, sticky notes, clocks, screen sharing, screen shake and much more. Class is suitable for those who have recently begun using Windows 7 on their home computers, but is not suitable for those still using Windows XP or Vista.



### "File Management"

Have you ever saved something in your computer and subsequently are unable to find it? Then this class is for you. A returning class which is now designed for users of Windows 7 and Office 2010 and which will include how to effectively create and manage folders and files etc. within your home computer. Tutor is Terry Pearlgood.



### "Researching Shares Using the Internet"



Eric Kratzer is returning to once again run his very popular class. A hands-on class on how to research and find important Company data, interpret charts and monitor your share trading activities.

### "Editing Your Photographs"

Using Paint Shop Pro, this class will cover improving your photos, adding layers and frames plus how to apply special effects including painting in oils etc. This class is only for those who are experienced in using Graphics programs and who have very good dexterity with the mouse. Tutor is Alan Stevenson.



**Dates, times etc. for all the above, appear elsewhere in the Newsletter and we ask all students to carefully read the pre-requisites for the classes. These are designed to ensure that you will gain the maximum benefit from the class by having the experience necessary to attend. If you do not have the skills required, you make it very difficult for the Leader and also for the other students in the class.**

*Noelene McCulloch, Computer Course  
Co-ordinator.*

## U3A Nunawading – COMPUTER COURSE DESCRIPTIONS

**Term 4 – Term Dates: 10<sup>th</sup> October to 2<sup>nd</sup> December, 2011**

**General Information** - To attend any Computer course you must be a member of U3A Nunawading. Computer classes are held in the Computer Centre, Whitehorse Resource Centre, 79 Mahoneys Road, Forest Hill.

**Equipment** - A Multipurpose projector facilitates class demonstrations and a computer, running **Windows 7 and MS Office 2010 and Internet Explorer 9 and Outlook 2010** is provided for each student.

- Please note that we do not teach Macintosh courses.
- Notes are supplied for most courses. You may be required to supply your own memory stick.

**There is a facility usage charge of \$20 for each computer course except where indicated. This fee is to be paid to the Silver Grove Office prior to commencement of your class.**

COURSE TUTOR & START DATE	DESCRIPTION	DURATION, DAY & TIME
<b>INTRODUCTION TO COMPUTERS</b> Tutor : Tom Wong Starts – 10 <sup>th</sup> Oct	An elementary course for novice users. Gain the confidence to use a computer. Covers from turning on the computer to basic hardware and essential software.  <b><u>Prerequisites:</u> We will be using Windows 7 and Office 2010 for this course so it is not suitable for users of XP or Office 2003.</b>	3 weeks Mon 10.00 – 12.00
<b>WHAT'S NEW IN WINDOWS 7</b> Tutor – Graeme Hilson Starts – 31 <sup>st</sup> Oct	A hands-on class where you will learn how to use full and half screen, the magnifier, sticky notes, clocks, screen sharing, screen shake and much more. Class is suitable for those who have recently begun using Windows 7 on their home computers.  <b><u>Prerequisites :</u> Able to efficiently use keyboard &amp; mouse. <u>NOT SUITABLE FOR USERS OF XP OR VISTA. BYO Memory Stick.</u></b>	3 weeks Mon 10.00 – 12.00
<b>WORD 2010 BEGINNERS</b> Tutor : Helen Nemeth Starts – 11 <sup>th</sup> Oct	Introduction to Word Processing covering keyboard functions, use of tool bars, how to manage & save files & folders. Learn how to create a simple document insert, delete and format text, bullet numbering etc,  <b><u>Prerequisites:</u> Must have completed the “Introduction to Computers” course, or have ability to use keyboard &amp; mouse. Bring your own memory stick. <u>NOT SUITABLE FOR USERS OF XP or WORD 2003.</u></b>	8 weeks Tues 9.30 – 11.30
<b>POWER POINT 2010 ADVANCED</b> Tutor : Graeme Earles Starts – 11 <sup>th</sup> Oct	Advanced techniques to enhance your presentations including: Advanced animation techniques, Ripping music and/or Recording your own voice for insertion into a PowerPoint, Inserting a video into a PowerPoint, Graphs and Merging of PowerPoint Presentations..  <b><u>Prerequisites:</u> Must have completed Power Point 2010 beginners course. <u>BYO memory stick.</u></b>	7 weeks Tues 2.00 – 4.00
<b>RESEARCHING SHARES ON THE INTERNET</b> Tutor – Eric Kratzer Starts – 12 <sup>th</sup> Oct	Hands on for beginners. Learn to research, find important Company data, interpret charts & the difference between fundamental & technical interpretation. Use a charting program to monitor your share trading. Does not include financial advice or recommendations for investing your savings.  <b><u>Prerequisites:</u> Ability to efficiently use keyboard &amp; mouse, experience in using the Internet.</b>	6 weeks Wed 10.00 – 12.00
<b>BEGINNERS INTERNET &amp; EMAIL</b> Tutor –Joe Currey Starts – 10 <sup>th</sup> Oct	Introduction to the World Wide Web and Email through your computer. This course is designed for people with little or no knowledge of the Internet.  <b><u>Prerequisites:</u> Ability to efficiently use a keyboard and mouse. Must have Internet connected at home, have your own email address and be using Outlook for home email. <u>BYO memory stick.</u></b>	3 weeks Mon 1.30 – 3.30
<b>INTERMEDIATE INTERNET &amp; EMAIL</b> Tutor : Graeme Hilson Starts – 13 <sup>th</sup> Oct	A follow on to Beginners class. Includes navigating a wide range of web sites. Internet security. Google Maps, Images. Blogs, Wikipedia, Email, Groups, Folders, Attachments& photos. Setting up a Gmail account etc.  <b><u>Prerequisites:</u> Must definitely have completed the Introduction to Internet &amp; email class or be competent &amp; experienced in using the Internet &amp; email. <u>Must be using Outlook for home email.</u></b>	6 weeks Thur 1.00 – 3.00

<b>GENEALOGY USING YOUR COMPUTER</b> Tutor : Noelene McCulloch Starts - 14 <sup>th</sup> Oct	Utilise the Internet to find & explore sites containing a wealth of information which could help branch out your family tree. Class focuses on Australia and the UK and is not suitable for those researching elsewhere or for beginners. <b>Prerequisites: Ability to efficiently use a keyboard &amp; mouse. Must be competent users of the Internet. Must have completed your Australian research back to Great Grandparents. Not suitable for beginners. BYO memory stick.</b>	6 weeks Fri 1.00 – 3.00
<b>EDITING YOUR PHOTOGRAPHS</b> Tutor : Alan Stevenson Starts – 19 <sup>th</sup> Oct	Using Paint Shop Pro, this class will cover improving your photos, adding layers and frames plus how to apply special effects including painting in oils etc. This class is only for those who are experienced in using Graphics programs Appropriate software will be provided. <b>Prerequisites : Must have excellent dexterity with using a mouse and experience in where to save &amp; find files. BYO memory stick.</b>	6 weeks Wed 1.00 – 3.00
<b>USING PICASA 3</b> Tutor : Terry Pearlgood Starts – 14 <sup>th</sup> Oct	Picasa is a free photo editing software from Google that makes your pictures look great. Improve, organise & edit digital photos including colour enhancement, red eye reduction & cropping. Images can also be prepared for external use such as email or printing. Compile web albums, view full screen slideshows, enjoy video playback & more. <b>Prerequisites: Ability to efficiently use keyboard &amp; mouse. BYO Memory stick.</b>	4 weeks Fri 10.00 – 12.00
<b>FILE MANAGEMENT OFFICE 2010</b> Tutor : Terry Pearlgood Starts - 3 <sup>rd</sup> Nov	Covers root directories, creating folders and sub folders, saving and retrieving files using Windows Explorer. Folder renaming & file sorting. <b>Prerequisites: Capability with mouse, basic understanding of how to use common applications, and desire to take control of your folders/files BYO memory stick. NOT SUITABLE FOR USERS OF XP OR OFFICE 2003.</b>	3 Weeks Thur 10.00 – 12.00
<b>USING eBay</b> Tutor : Ken Pakes Starts – 14 <sup>th</sup> Nov	A hands- on class where you will learn to register, list & sell or bid on items you wish to purchase. Includes using Paypal to pay for your purchases, security, contacting the seller & avoiding mistakes Suitable for those who wish to begin using eBay. <b>Prerequisites : Ability to efficiently use keyboard &amp; mouse &amp; be very competent using the Internet. Those not wishing to use their home email address need to set up their own Gmail address prior to attending.</b>	3 weeks Mon 1.00 – 3.00
<b>USING FACEBOOK</b> Tutor : Nasrin Nassiri Starts – 13 <sup>th</sup> Oct	Learn how to safely create a personal profile, add other users as friends & exchange messages. Receive automatic notifications of profile updates. Join common interest user groups. Choose privacy settings etc. <b>Prerequisites: Good experience in using the Internet and ability to efficiently use keyboard &amp; mouse.</b>	3 weeks Thur 10.00 – 12.00
<b>USING PAYPAL</b> Tutor : Nasrin Nassiri Starts – 24 <sup>th</sup> Nov	An easier & safer way to pay online without revealing your credit card number. A demonstration class. Hear how to safely use PayPal to send money to someone with an email address or mobile number & how to shop without sharing your financial information if buying items on eBay & hundreds of other similar sites. <b>No Charge</b>	1 Demonstration Session Thur 10.00 – 12.00
<b>TEXTING ON YOUR MOBILE PHONE</b> Tutor – Tom Wong A : Wed. 12 <sup>th</sup> Oct B : Wed. 23 <sup>rd</sup> Nov	A demonstration class. Learn how to identify the text. How to access, read, create & send an SMS message. Please bring any visual aid you may need to help you to read & type on your small mobile keyboard. Bring your mobile phone manual booklet. . Fully charge your mobile before attending class. <b>No Charge</b>	1 Demonstration session A – 1.00 -3.00 B – 10.00 – 12.00
<b>QUESTIONS &amp; ANSWERS ( Q &amp; A )</b> Tutor : Graeme Hilson	Have you forgotten something? Do you need a reminder? Do you need help? Have your computer questions answered. <b>No Charge</b>	1 <sup>st</sup> & 3 <sup>rd</sup> Thursdays of each month 3pm to 4pm

**Please check your computer's software prior to enrolling as we now teach using only WINDOWS 7 and Microsoft OFFICE 2010.**

# A Berlin Experience

Goethe Institutes throughout Germany run a large number of short to longer-term language and culture courses, many of them held in the European Summer. In the past Summer, a contingent of six mature Australians participated, together with a large number of mainly younger European students, in the Berlin Goethe Institute's two-week Intensive Language and Culture courses.

Four of us are members of the U3As at Box Hill and Nunawading. Several of our friends and family members also joined us in Berlin - in all, ten of my friends and family were in Berlin for at least a short time during my stay there.

Apart from the challenges and excitement of negotiating life in a different culture, the Berlin Institute kept us VERY busy. We had classes from 8.30 am till 1 pm, including the middle Saturday. And every afternoon and evening we could choose to participate in a very generous offering of cultural activities - great for both mind and body. (Who needs step exercises?)

Highlights for me were a fantastic, very dramatic, modern ballet: Schneewittchen (Snow White) set to mesmerizing music by Mahler (we saw the last performance this season by the Staatsballett Berlin - for 14 Euros); a tour, guided in clear, simple German, of the gorgeous Potsdam San Souci Schloss (Palace); and exploring the totally absorbing Museum of Film and Television, for which three hours was definitely not enough (although my legs told me otherwise), and I must return.

Not only did we gain a lot from our experiences, but it seems we also had a positive impact on our respective Goethe Institute classes. For example, the twelve students in one class included three of us mature Australians, with the remainder predominantly younger Europeans; several times our teacher was moved to say something like: "I've never experienced such a conscientious class!" (in German, of course).

*Dell Macneil  
German 2 Tutor*



*Some of the members of my Goethe Institute class, including the teacher in the middle, and Jenny Krassnig from Brisbane on the right*



*Potsdam, where we had lunch before visiting the San Souci Palace*



*Dresden beside the Elbe River - includes Myrna (80 years old, from Box Hill, Wilf, Jo, Andrew (my husband, who also participated in the Goethe courses) and myself*



Dawn Brand has asked us to pass on her thanks to all her friends at U3A Nunawading for their kind messages to her while she has been in hospital and rehabilitation.

Dawn was overwhelmed by the kindness she has been shown by so many from the U3A Nunawading community.

## Carnival of Learning October 2011

Once again the Carnival of Learning at Federation Square will initiate this years Senior's Week on Sunday 2 October. Commencing at 10.00 am it will showcase U3A Nunawading activities along with many fellow U3As from around Victoria. Public transport is free so do join us for an enjoyable day in Melbourne city.

Since its inception this carnival has proved popular with participants and visitors alike as they view and participate in activities and demonstrations based upon the wide range of skills we all share amongst our members.

Everyone is welcome to call at Nunawading's booth where you will find other fellow members as they enjoy the day.



## Help wanted

A Doctoral student of Clinical Psychology at Deakin University is seeking participants in his research for his Doctoral thesis.

Jose Molina requires both men and women over the age of 18 who would be asked to respond to an online survey where they will be asked about their experiences with recent life stressing events and other information about their social networks, health, thoughts and beliefs about alcohol, actual alcohol intake and other demographic information. Details of the survey can be found at [https://www.surveymonkey.com/s/deakin\\_uni](https://www.surveymonkey.com/s/deakin_uni) or contact Jose Molina on Mobile 0401 967 833.

## Proposed Community Bank

A group of community volunteers has come together to gauge the level of support and interest for a Community Bank for Nunawading.

The Community Bank concept was developed by Bendigo Bank to provide communities with the certainty that banking services and access to funding brings.

The concept allows the community to form and grow a locally owned business, which employs local people and makes funding available for projects that will benefit all people within it. This local company will then enter into a commercial franchise with Bendigo Bank.

If you have some free time or wish to find out more about the concept you are welcome to contact Joseph O'Loughlin, Nunawading Community Bank Steering Committee on 04387 355 521.



**Bendigo Bank**

## Melbourne Cup Luncheon 2011 at U3A Nunawading



Members & their partners & guests are invited to watch the races on the large screen

**Tuesday 1st November**

to start at: 12 Noon  
Silver Grove.

**Cost: \$15.00**

A delicious chicken and salad lunch  
(with seating)

Desserts

BYO Drinks

Sweeps, Lucky Prizes, Trivia

**Limited places  
Bookings essential**

# Kerang Quilts

It's 29th June and five U3A Nunawading patchworkers, Leonie Clyne, Pauline Thomas, Jean Wood, Lorraine Salter and I set off for Kerang. Leonie, Pauline and Jean travelled by train; Lorraine, my husband and I, and co-driver, Brian, travelled by car, accompanied by the 33 quilts made by the 45 members of the three U3A Nunawading machine-sewing patchwork groups. Arrangements had been made with U3A Kerang to give these quilts to Kerang Quilters, for distribution to those affected by the January floods in Kerang and surrounding districts.

The quiltmaking had begun in February, in response to the devastating floods in Victoria and Queensland. In our own small way we wanted to reach out the hand of friendship, care, concern and support, to those who had suffered such dreadful hardship and lost so much.

The best way we felt we could do this, was by making warm, snugly quilts to cuddle up in, quilts suitable for girls, boys, men and women.

Fabrics and wadding came from our members' own stashes, with some wadding donated by U3A Nunawading. Karen Styles from Somerset, the Mt Waverley patchwork shop, also donated fabric. Three quilt tops were donated by Di Hall (Ford) formerly of Primarily Patchwork. And so the designing, cutting, pinning, sewing, pressing, quilting began. Some quilts were made individually and some, in the great traditions of patchworkers, had many women involved in their making. Jill Bale's class was akin to a quilt-making production

line, with dedicated cutters, machine stitchers, pressers and quilters. My class had two out-of-class working bees, also welcoming patchworkers from other classes. Class 4 made blocks that were sewn into a large quilt.

Once in Kerang, we soon realised that the suffering and hardship of those who had endured this awful catastrophe still continues. It was a humbling and sobering experience to listen to their experiences – those in the town not knowing whether the levee banks and sandbagging around the town would hold; whether their homes would be inundated (flooded); local business at a standstill for three-four weeks; the successful fight against the rising waters to save the Kerang power sub-station, whose inundation would have left 20,000+ homes and businesses without power. The overwhelming stench of mud and debris in the flood's aftermath; the initial plagues of mosquitos, and later the mice. And the farms surrounding Kerang that couldn't be saved and were swamped as the water rolled relentlessly onward across the farmlands and stayed and stayed – one person related having been isolated on their farm for 5 ½ weeks. Farmlands now soured by flooding water, lands that had been drought-affected for the previous 14 years. Families now living in tents and caravans whilst their house frames dried out, before rebuilding could commence (two families had moved back into their rebuilt homes the night before we were there); those families whose homes were completely ruined, never to be rebuilt. Yet there was remarkable resilience, a real sense of community, determination to go on and enormous relief that no lives had been lost.

In the light of all this, our quilts seemed such a small gesture and yet they were so graciously accepted and very much appreciated.. Irene Ayres, President of Kerang Quilters, indicated they would now be able to extend their quilt-giving program to include people who would otherwise have missed out. We were glad we could bring some comfort in the face of such devastation and thank U3A Kerang, particularly Margaret Bradley, Val Jefferies and Pat Gillingham, for facilitating our giving of the quilts to Kerang Quilters.

So, when you're next visiting or driving through flood-affected Victoria, stop off in the towns for a coffee, a meal, make some purchases – every little bit helps these communities in their recovery from these devastating floods.



*Showing Quilts at Kerang - above  
U3A Nunawading - U3A Kerang Quilters - below  
Kerang Quilters accepting quilts - below right*



*Barbara Worcester  
Leader, Patchwork 1, on behalf of all the U3A Nunawading  
Quilts-for-Kerang quiltmakers*



# Vale Fran Koschade

17 January 1923 – 25th June 2011

Fran Koschade, who passed away peacefully after a short illness, was a foundation member of Nunawading U3A and acted as Treasurer for two years in the early days of U3A.

Besides U3A, Fran was active in many areas and was playing tennis until earlier this year. She was also closely involved with the Avenue Uniting Church and the Life Activities Club.

Fran participated in a number of U3A classes including French, Italian, Hydrotherapy and Play Reading.

Above all Fran will be remembered for her love of life and wonderful sense of humour.

Our thoughts are with Alan and their family.



# Computer Corner

## A series of anecdotes on the digital world

by Computer Leader Alan Stevenson

When sending information through the internet it is considered polite to make the overall package as small as possible, if you don't know whether the recipient is using a phone modem, or otherwise.

There are various ways of doing this. If you have a text file with no pictures, open it in Word, then go to Save As and save it as an RTF file from the drop-down menu. The resulting file can be opened on any computer and is up to a tenth the size of the original.

Before sending pictures, open them up in IrfanView (a free download programme) and adjust both the physical and computer size to suit. A picture which is going to be viewed only on a computer screen can be made very small indeed (less than 100 dots per inch, or DPI). If it is to be printed, 250 DPI is usually quite adequate and is about postcard quality. The higher the DPI rating, the longer it will take to download at the other end. Always resize the physical dimensions of a picture with a graphic software programme like IrfanView, instead of grabbing a corner and yanking it – you finish up with a better looking picture.

Conversely, when you receive a picture, if you have trouble opening it to view, open it in IrfanView. It is best to save and send pictures compressed in the Jpeg format, mainly because everyone has this built in. The new Jpeg2000 format is a lot better, but most people do not have it on their computers and so would be unable to see a picture sent in that format.

## LEARN TO SWIM

U3A Croydon invites you to join a Learn-to-Swim class at the Croydon Leisure and Aquatic Centre.

**Class Time:**  
Wednesdays 11.00 am

**Class Size:**  
Maximum of 8 people

Cost of each class is \$7.50 payable in full prior to commencement

Qualified Swim Instructor – Ann Longridge

For further details please contact Ann on 9729 4728



## Fitness for the Ageing Brain Study II (FABS II)

National Ageing Research Institute



The National Ageing Research Institute (NARI) and the University of Melbourne are seeking participants for the Fitness for the Ageing Brain Study II (FABS II).

We are looking for volunteers who have been diagnosed with Alzheimer's disease and their relative or close friend who would be interested in participating.

The aim of the study is to determine whether a home-based physical activity program, such as walking, can improve memory, physical ability and quality of life for people with Alzheimer's disease. We will also assess the indirect impact of the program on the quality of life of the family members. Participants need to have a diagnosis of Alzheimer's disease, be able to walk unaided, live at home and attend three visits to Parkville for assessments. Assistance with transportation can be provided.

This study is funded by the National Health and Medical Research Council, supported by Alzheimer's Australia Vic and has approval from the ethics committee of Melbourne Health.

For more information or to provide details of patients interested to participate in the research, please contact Ellen Gaffy on (03) 8387 2296, or [e.gaffy@nari.unimelb.edu.au](mailto:e.gaffy@nari.unimelb.edu.au).

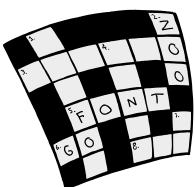
## New Class Term Four

### Word puzzles

Are you an enthusiastic word puzzle person or just someone who would like to get started in word puzzles?

Tom Wong will lead you into the fascinating world of words.

Friday 11.30 – 12.30  
Room 9 upstairs  
Leader: Tom Wong



## YOUR COMMITTEE FOR 2011/2012

### Statutory Positions

**President:** Leo Sargent  
**Vice-President:** (Vacant)  
**Secretary:** Barbara Worcester  
**Treasurer:** Tom Wong

## YOUR COMMITTEE ... cont'd

Doreen Betts  
Allan Brownrigg  
Barbara Gardiner  
Lindsay Glen  
Archie Kaan

Beng Lee  
Andrew Lockwood  
Elsie Mutton  
Brian Nicholson  
Maureen O'Sullivan

# DIARY DATES

## OPERATIONAL DATES 2011

Terms	Commence	End	Weeks	Public Holidays
3	18th July	23rd September	10	
4	10th October	2nd December	8	Melbourne Cup 1st Nov

## KEY DATES FOR 2011

Functions	Date
U3A Nunawading Quilt, Arts and Crafts Show	Thurs – Sun (8th/9th/10th/11th September)
Seniors' Festival, Federation Square	Sunday 2nd October
Box Hill Seniors Day	October – Day to be advised
Whitehorse Spring Festival	Sunday 23rd October
Cup Day Function - No classes Monday 31st Oct	Tuesday 1st November
End of Year Function (Eley Park)	Friday 2nd December
Office Vols. Function	Monday 5th December
Leaders Function	Thursday 8th December

## Fund Raising Concert for Victims of Japan's Earthquake and Tsunami

Yukari Echo 30th Anniversary Concert Will be held on Saturday September 17th at 7.00pm at the Salvation Army Chapel, Box Hill located at 17 Nelson Road Box Hill.

We commend this fundraising concert to our members.

**Office Hours** During term, Office Volunteers are stationed on duty at Silver Grove, Monday to Thursday 9.30am to 3pm; Friday 9.30am to 12.30pm. The Office is closed during term breaks and on public holidays.

**Publisher:** U3A Nunawading Inc.  
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*Closing date for copy for Next Edition: Wednesday 19th October 2011*